PROGRAMMA ORARIO (ORARIO INDICATIVO GARE A SEGUIRE)									
orario	corse		lungo ped1	Lung p2	pes ped 1	pesped 2	giavellotto	alto	vortex
9,30	Mt 1500	VA VB	RF		RF	CF	CF	CM	
9,40	Mt 1500	AMA-B M							
9,50	MT 1500	JS SM							
10,00	MT1500	AM		CUF					CUM
10,10	MT 800	AF-JF-SF				SM-AmA	CM		
10,20	MT800	AmA/B-VA/BF			RM			A-JM	
10,30	MT1000	CF		ES F					
10,35	MT1000	CM							
10,45	MT 400	AM				JF	JF-SF AmAF		
10,50	MT400	JM-SM	CF						
10,55	MT 400	AMA-B M							
11,00	MT 200	CUM							
11,10	MT 200	AF				AmBVA/B	A-JM	RM	
11,15	MT200	JF-SF							
11,20	MT200	AmA/B-VA/BF							
11,3	MT50	CUF							
11,35	MT50	EF							
11,40	MT50	EM	AF-JF-SF			AF	AF		
11,5	MT60	RF							
12,00	MT60	RM		ES M					
12,10	MT80	CF	AmA/B VA-BF				VA/B-AmBF		
12,20	MT80	CM							
12,3	MT100	AM-JM							
12,40	MT100	SM							
12,50	MT100	AmA/B-VA/BM							